About LGBTQ Wellness

The LGBTQ Wellness Team provides support to and education about the lesbian, gay, bisexual, transgender, queer and ally community to University at Buffalo students, faculty and staff. Our education and awareness programs help to create a safe, welcoming, and affirming campus environment for all community members.

LGBTQ Wellness Team
Wellness Education Services
114 Student Union, North Campus
716-645-6935
Email: well-ublgbtq@vpsa.buffalo.edu
Facebook: http://facebook.com/AllyUB
Website: http://wellnessed.buffalo.edu/lgbtq
UBLinked group: LGBTQ@UB

What participants say they learned from Safe Zone training:

"Recognizing the fluidity of one’s identity allows me to be very welcoming and inclusive towards anyone."
Events

Spring Semester

Love and Support Day
Date: Thursday February 11, 2016
Time: 11:00am-2:00pm
Location: Student Union Lobby
http://wellness.buffalo.edu/alliance.php
Love and Support Day is about loving yourself and others. Join us for games, crafts and more as we celebrate everything that makes us unique as individuals and strong as a community.

Gender-Neutral Housing
The Gender Neutral Housing option is for students at UB who wish to live in a mixed gender housing environment where roommates of any genders can live in the same room. A gender neutral bathroom is shared among all the residents of the community.

Gender Neutral Housing is available in both the residence halls and on-campus apartments. For more information: http://campusliving.buffalo.edu/housingselection/Instructions/SpecialtyHousing.aspx

How to Get Involved

Be Part of the LGBTQ Wellness Team
Assist with outreach events, programs and campaigns that help foster a safe and inclusive campus environment for LGBTQ students. We offer volunteer, internship, and graduate and undergraduate students assistant positions. Please contact the LGBTQ Wellness Team for more information: well-UBLGBTQ@vpsa.buffalo.edu

Transgender Health

Medical Insurance Coverage for Transgender Students
UB’s Student Medical Insurance plan (for domestic students) provides coverage for counseling, hormone therapy, and surgery for transitioning students needing access to these services. For recommendations on how to best research your options, please contact us: well-ublgbtq@vpsa.buffalo.edu

Safer Restrooms
To find locations of gender-neutral or single-stall restrooms on campus, visit our website:
http://wellnessed.buffalo.edu/lgbtqresources
"Please note that these bathrooms may still be gender-labeled"

Additional Resources

On-Campus
Counseling Services:
Mental Health and Support
120 Richmond Quad
716-645-2720
http://counseling.buffalo.edu

Health Services:
Medical Support and HIV/STI Testing
Michael Hall, 1st Floor
716-829-3316
http://health.buffalo.edu

LGBTQA Student Association - Undergraduate Student Club
323 Student Union
716-645-3063
http://facebook.com/ublgbta

OUTLaw
LGBTQ student organization for UB law students and perspective law students
603 O’Brien Hall
http://wings.buffalo.edu/law/outlaw/default.html

OUTPatient
LGBTQ student organization for UB medical students
http://www.smbs.buffalo.edu/polity/index.php
(Click on “Student Clubs” and scroll to OUTPatient link)

Student Wellness Team
The Student Wellness Team, comprised of Health Services, Wellness Education Services and Counseling Services, fosters optimal academic functioning and social development through services and strategies that enhance multiple dimensions of individual health and cultivates an environment supportive of lifelong healthy behaviors.

http://wellness.buffalo.edu

Wellness Education Services
114 Student Union, North Campus
716-645-2837

Counseling Services
120 Richmond Quad, North Campus
716-645-2720

Health Services
Michael Hall, South Campus
716-829-3316